

# A Concha

On the beachfront in Praia da Luz, with a shaded terrace overlooking the sea. Full bar. Regional Portuguese cooking. Specializing in fresh fish. Open from 12:00 noon to 4:00 p.m. and from 7:00 p.m. until midnight.



Out of the ordinary, A Fortaleza. A fine restaurant in a 17th century fort. Smoked swordfish. Fillet steak Chasseur. Duck with honey and lemon. Dinner only. Open every evening from 6:30 p.m. until midnight. Table d'hote menu at 375\$00. Telephone 63552.

boutique

## CAPRICHIO

- ★ Gifts of all kinds.
- ★ Portuguese handicrafts.
- ★ Pottery and porcelain.
- ★ Beach toys and beach wear.

ON THE BEACHFRONT AT PRAIA DA LUZ. TEL: 63089

## Restaurante ANCORA

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LUNCHES AND DINNERS — CLOSED TUESDAYS.

As a chartered civil engineer he had travelled to Bangkok, Sumatra, Shanghai and Hong Kong.

Until a riding accident put an end to it, he was quite a noted horseman in Singapore and Malaya.

Chips was one of the first to buy a house in Luz Bay Club; the idea of a development with a pool, a clubhouse, and 38 villas appealed to him. But, as he puts it, "the Luz Bay Club exploded!" When more houses came, John Chippindale went. He left the Club, but he didn't leave Praia da Luz.

It's a good thing, too. Things wouldn't be quite the same without Chips.

Zé and Theo Malling met in Rhodesia during World War II. Theo, who is Danish, was a flying instructor in the R. A. F.



BROTHERS JOSÉ ANTÓNIO AND FRANCISCO SEROMENHO — YOUNG FISHERMEN, CARRYING ON A FAMILY TRADITION.

Zé, the daughter of a Portuguese father and an English mother, was in the Rhodesian army.

After their marriage they went to the Far East and spent 14 years in Malaya. Then they returned to Portugal and began wending their way towards Praia da Luz. They lived in Sintra, Cascais, and Portimão, where they were in the real estate business. Finally, in 1971, Zé and an American partner, Peg Ward, started their beachside boutique, "Capricho".

"Capricho" is habit-forming. Zé and Theo have managed to fit a lot into this little shop. There are gifts, of course, but definitely not the sort of thing you see in souvenir shops. Zé's good taste shows through in her selection of stock.

There are Vista Alegre porcelain figurines; the best of locally made and decorated pottery and ceramics; hand-embroidered table linens. But that's only a part of it. There are bathing suits and beach toys. Hand-made skirts. Handbags and belts. Jewelry. Sun-tan lotion. Sun hats. And almost anything a visitor needs and forgot to bring. If they don't have what you want, they can almost always tell you where to find it.

Foreign residents have almost worn a path to the door of "Capricho" on their daily trips to pick up their newspapers and magazines. Or just to have a chat with the Mallings. It's that kind of place.

Gloria do Carmo Gonçalves Reis was born in Praia da Luz in the 1940's. Hers was the last generation to grow into its 'teens before the foreigners came.

When Gloria was growing up, the women of the village still washed their clothes in communal tanks by a big well near the beach. The men were mostly fishermen and farmers. The children went to the village school for four years and then, if they were boys, they joined their fathers in the fields or on the sea. The girls picked figs and almonds and some of the older ones went into Lagos to work in the canning factories.

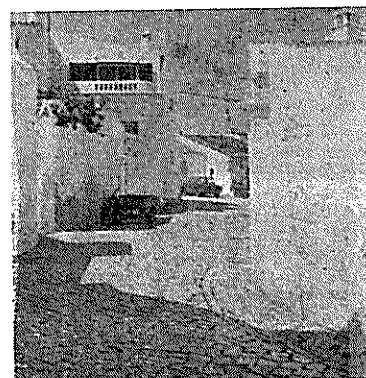
Most of the young girls of Luz, from the age of 12 to 17, spent their days at the Casa dos Pescadores. They learned to sew and chochet. They made trousers for the fishermen and baby-clothes for the fishermen's wives. On Sundays, after church, the young people would gather in groups and walk down to the beach. Sometimes, on holidays, there were dances. There was really nothing else.

Now Gloria has teen-aged children of her own. Her son is a mason's assistant. Her daughter is studying in Lagos.

Gloria feels that the coming foreigners to Luz has made life better for her children. That tourism has brought jobs, prosperity, and progress. Fortunately, this opinion is shared by most of the Portuguese in Luz who grew up in the days before the foreigners came.

José António Seromenho is barely out of his 'teens. Every evening except Saturday he gets into his white boat, Sol-Mar, and heads out to sea. From 7 p.m. until 6 in the morning he fishes the waters between Luz and Sagres, usually alone. A four-metre boat with a 7½ horsepower engine seems small and weak against the power of the waves. But the boat, the motor, and all of the equipment belong to José António and have done since he was sixteen years old.

José wasn't always a fisherman. He worked in the supermarket for a while, and then in the Luz Bay Club. But when he had saved



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